



**an interest
in your
health!**



SPARK is an outpatient care program that is designed personally for you. By basing it on your needs and goals, the program helps you to take a more positive, active role in your health and well-being.

The SPARK program provides an opportunity for you to:

- *Meet in-person with a SPARK nurse care coordinator*
- *Together, discuss your health care needs and concerns including input from your primary care provider*
- *With their guidance, set personal and achievable goals and formulate a plan to meet them*
- *Monitor your progress with follow-up phone calls between you and your SPARK nurse*

**For more information, call
657-241-3638**

**Supportive
Personal
Access
Respect
Knowledge**